

WESTIN *WORKOUT* RUNNING MAP

by new balance 



The Westin Harbour Castle, Toronto

416.869.1600
www.westin.com

5k route

1. Exit the hotel and turn left on Queen's Quay.
2. Follow Queen's Quay (running on the south side where there are fewer stoplights) until it ends at Stadium Rd.
3. There is a path here. Run on the path as it winds north to a little roadway just before the baseball fields.
4. Turn around and run back to the hotel.

8k route

1. Follow steps 1-3 above.
2. Continue on the path past the baseball fields.
3. The path turns south at the end of Coronation Park, which is along the lakeshore.
4. Follow it
all the way to the front entrance of Ontario Place.
5. Turn around and run back to the hotel.

Disclaimer Notice: As a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the Hotel. The identified routes are on City public streets and ways. As the Hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The Hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.